

Welcome to Kinship Family Training!

PENNSYLVANIA
KinConnector

1-866-KIN-2111 (1-866-546-2111)

KINCONNECTOR.ORG

KINSUPPORT@KINCONNECTOR.ORG

Control the Size of What You See

You are viewing Speaker's screen View Options

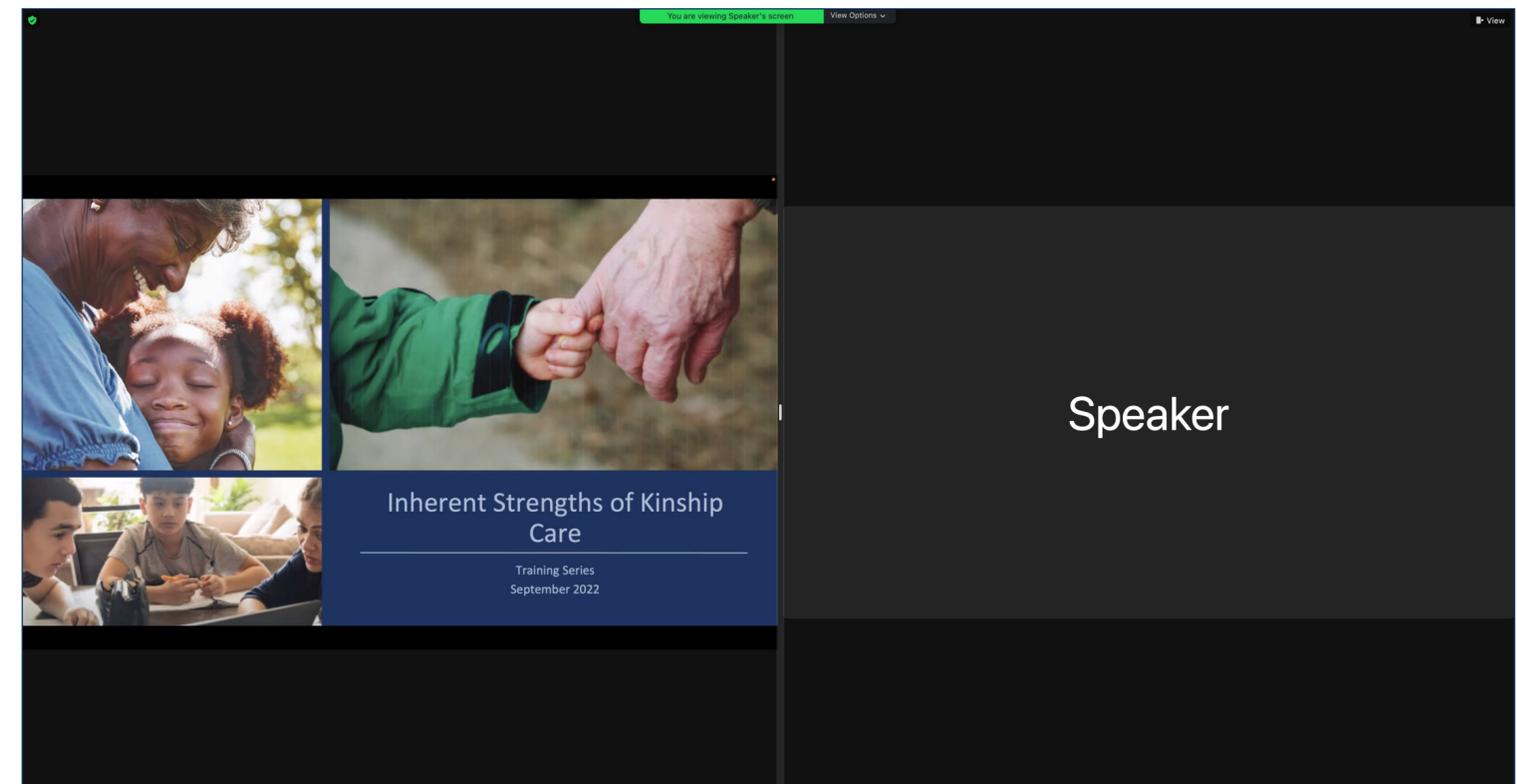
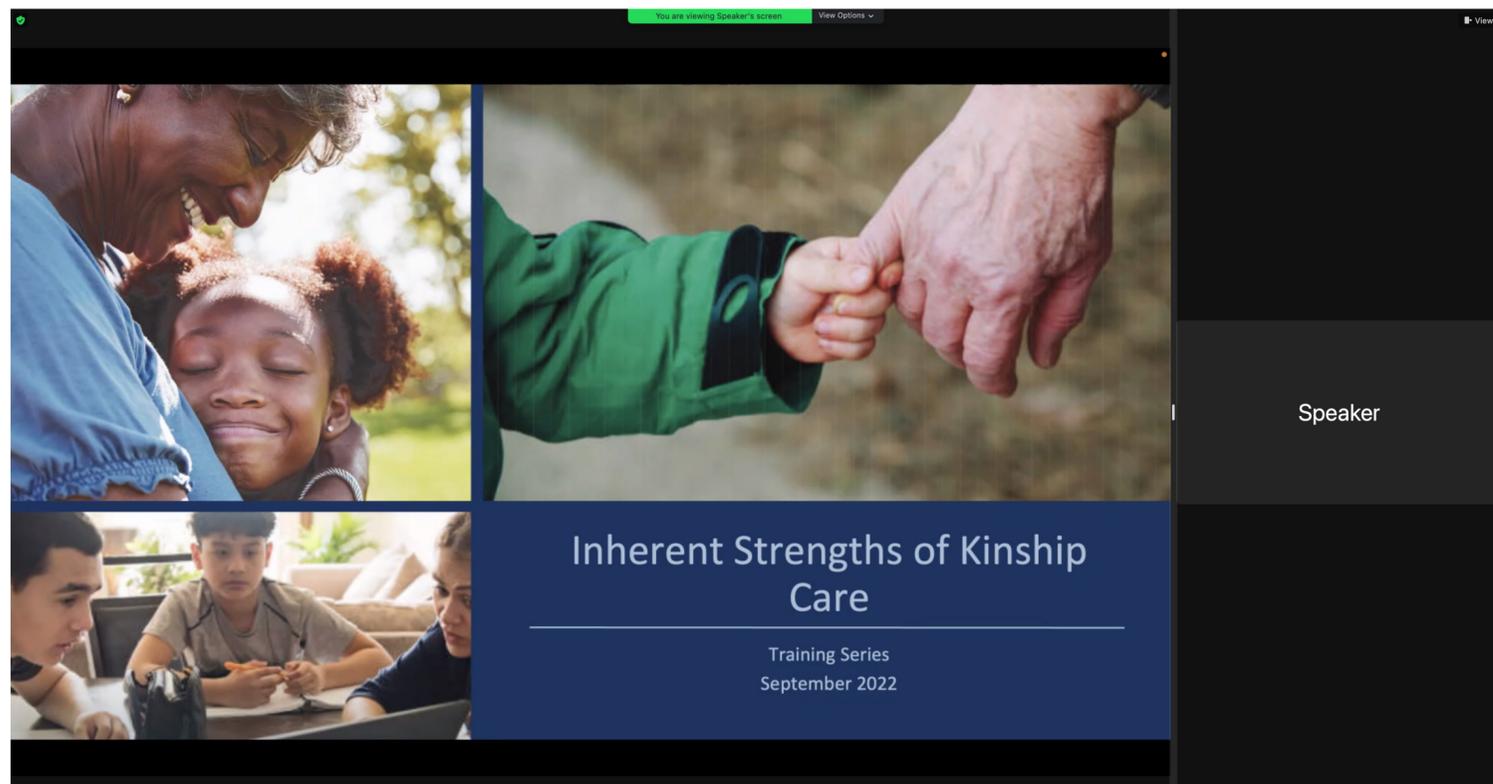


Inherent Strengths of Kinship Care

Training Series
September 2022

Speaker

Control the Size of What You See





Inherent Strengths of Kinship Care

Training Series
September 2022



Dr. Joseph Crumbley

Internationally renowned
consultant, author, speaker,
Kinship Care expert

Inherent Strengths in Kinship Families

ATTACHMENT

Today

LEGACY

Today

Identity

September 22, 2022

Healing

September 22, 2022

Adaptability

September 29, 2022

Module 1: ATTACHMENT

Inherent Strengths of Kinship Care



Learning Objectives

Learning Objectives

- Define attachment, types and impact of attachment.
- Explain the strengths and advantages of attachments in Kinship Families.
- Recognize capacities, levels and degrees of attachment.
- Develop approaches for mediating and strengthening attachments.

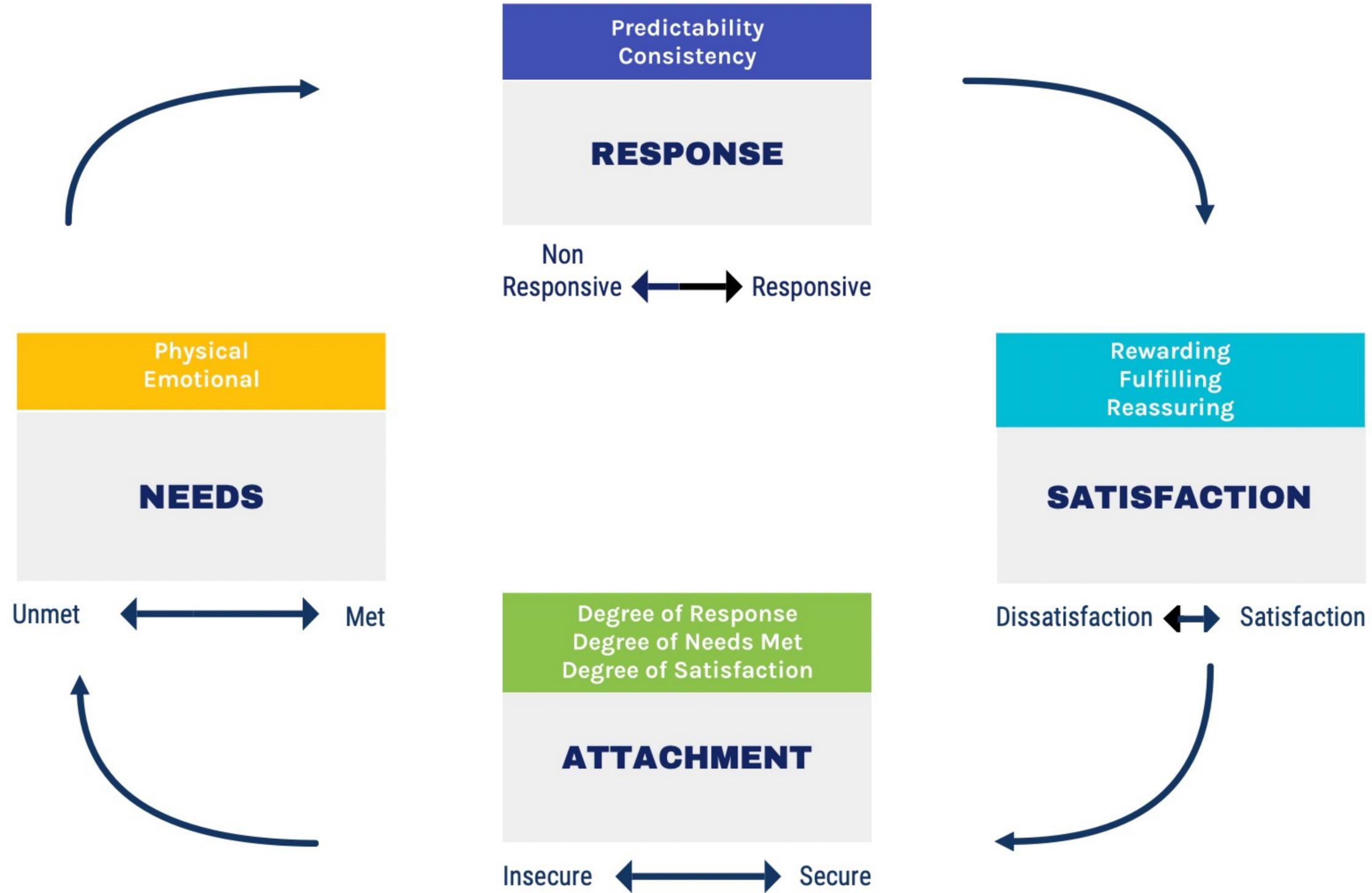


Definition: Attachment

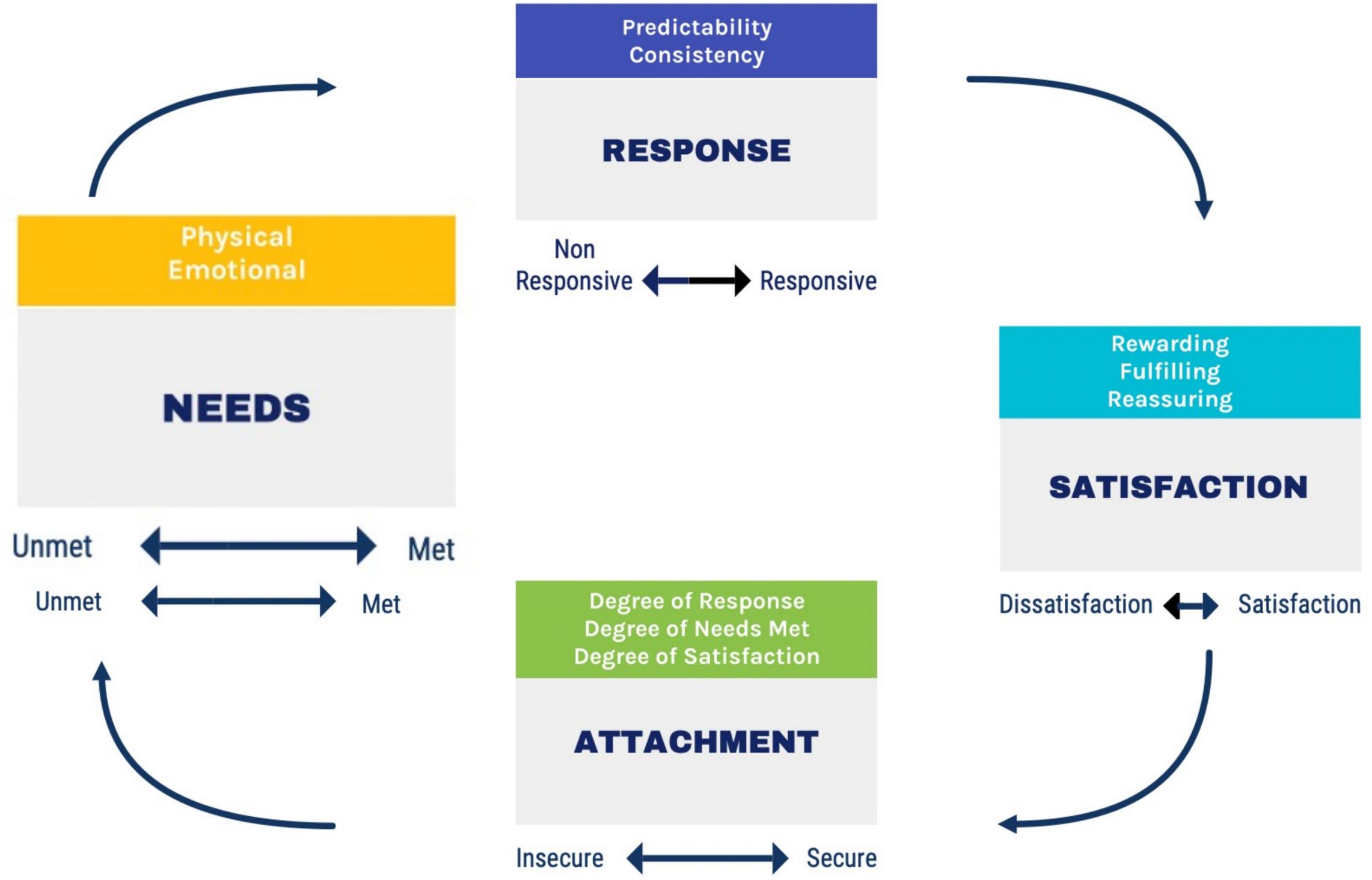
- Attachment is feelings between children and their caregivers, based on how well the caregiver meets the needs of their children.
- These feelings fall in a range between secure and insecure attachments.



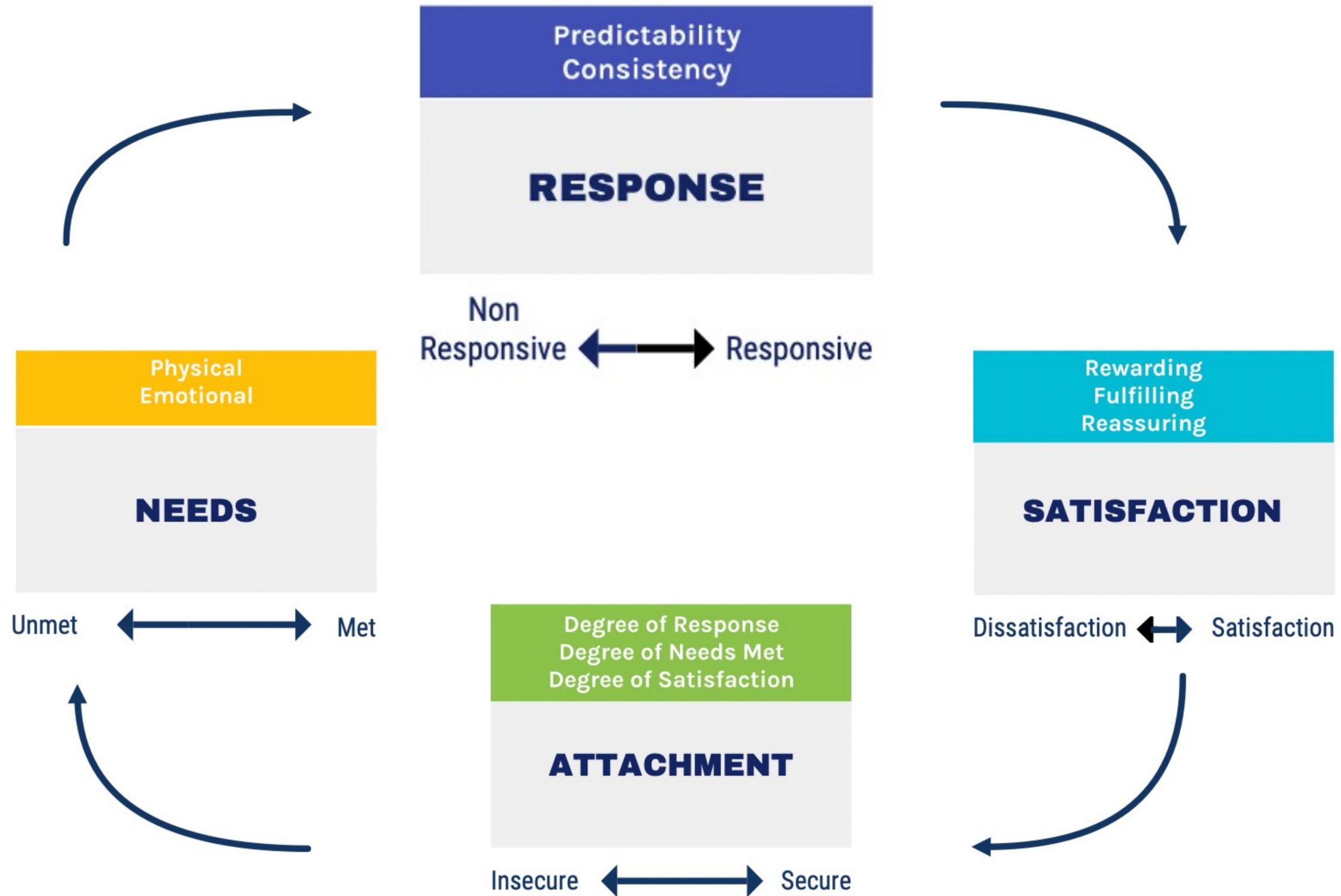
ATTACHMENT PROCESS



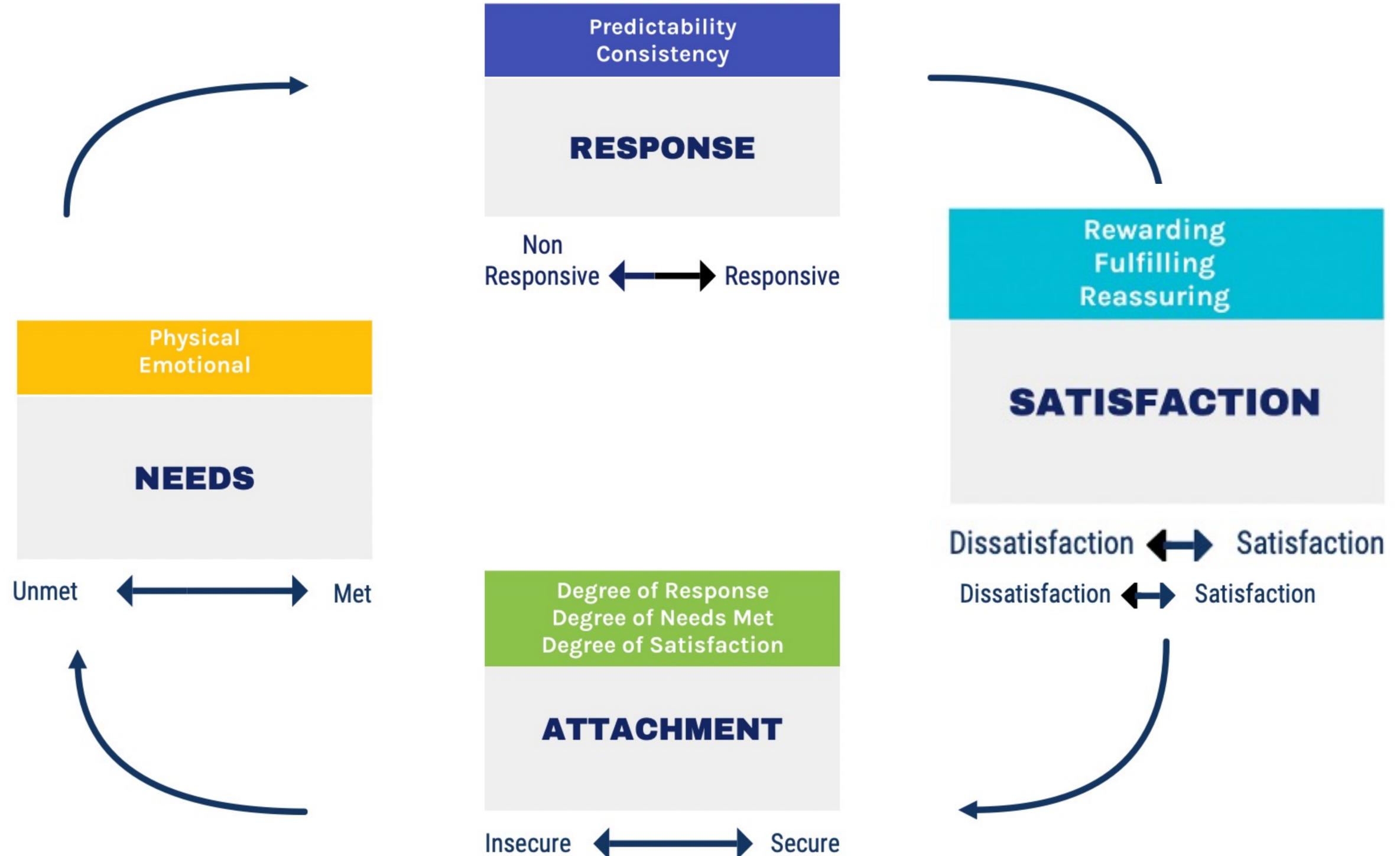
ATTACHMENT PROCESS



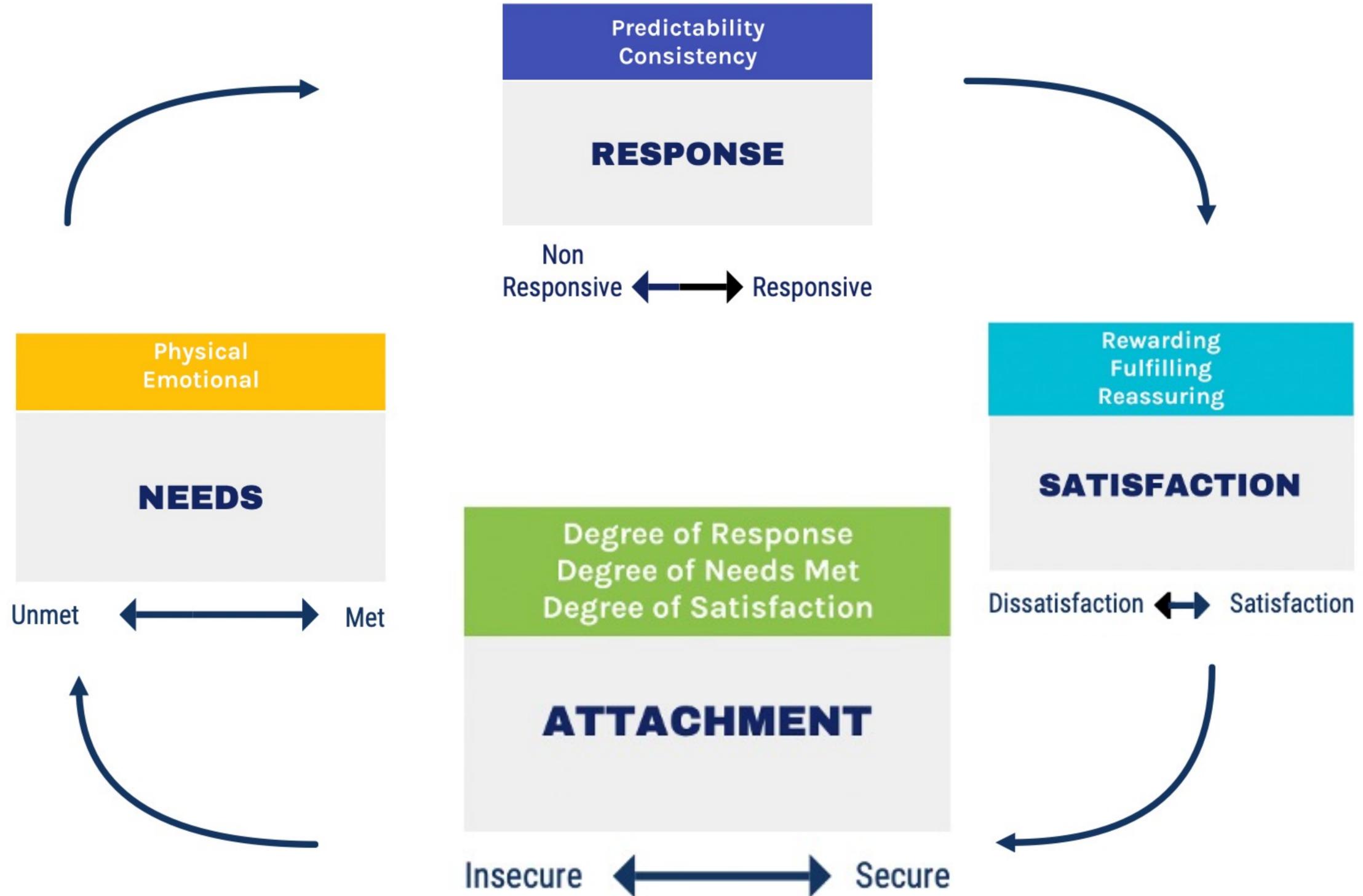
ATTACHMENT PROCESS



ATTACHMENT PROCESS



ATTACHMENT PROCESS





Strengths of Kinship Attachment

Strengths of Kinship Attachment

The Child and Kin's Mutual Expectation because they are kin.

- Loyalty
- Obligation
- Responsibility
- Culture/Tradition



Strengths of Kinship Attachment

- The Child's Trust in their caregiver and family.
- Motivation: Unconditional
- Unselfish: Willing to Share/Sacrifice/Help/Protect.
- Best Interest of Family/ Family Pride: No personal gain.
- Consistent/Predictable





Importance of Attachments

Importance of Attachments

Attachment impacts the child's sense of physical safety, protection and emotional well-being:

- Happiness
- Importance to others and belonging
- Self-worth/esteem/importance



Importance of Attachments

Perception/View of people and the environment:

- Safe or Dangerous
- Hostile or Friendly
- Stable or Unstable
- Manageable or Overwhelming
- Optimistic or Pessimistic



Importance of Attachments

Capacity to make attachments:

- Acknowledging the need or desire for attachments.
- Ability to, trust, accept or risk attachments: Be Friends.
- Ability to pursue attachments, empathize, or offer friendship.
- Ability to pursue attachments or offer friendship.



Attitudes from
Insecure Attachment



Attitudes from Insecure Attachment

- Those closest to you hurt you.
- Children are here to meet the needs of adults, and the needs of adults come before children.
- Never depend on others.
- To trust or need anyone is to be vulnerable to disappointment.
- Relationships aren't worth the risk. You're better off alone.
- Trust and loyalty can be bought and sold.



Attitudes from Insecure Attachment

- To trust and be loyal makes you vulnerable to being manipulated and used.
- You deserve to be used if you're trusting or loyal: Victim or Victimizer.
- It's every person for themselves. Always put your needs first. Survival of the fittest.
- I'm unlovable. There must be something wrong with me. I don't deserve any better.



Levels/Degrees of Attachment



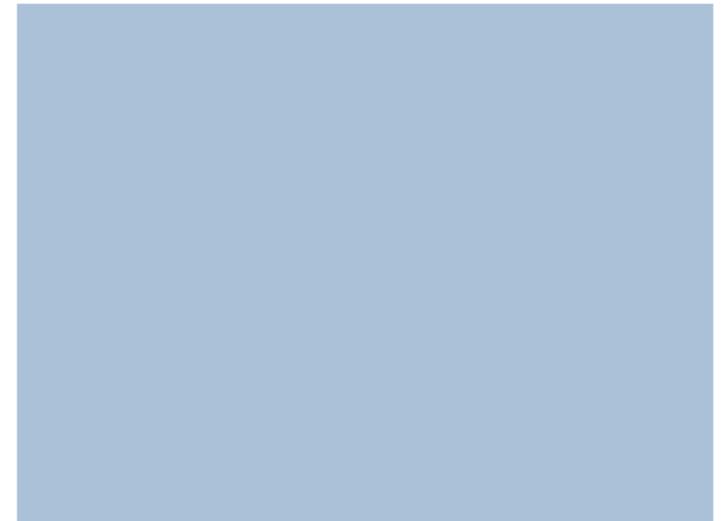
Levels/Degrees of Attachment

- Provider: Caregiver provides food, clothes and shelter.
- Protector: Caregiver provides protection and safety.
- Advocate: Caregiver represents youth as a minor in environment.
- Disciplinarian: Accepts caregiver's rules and discipline.

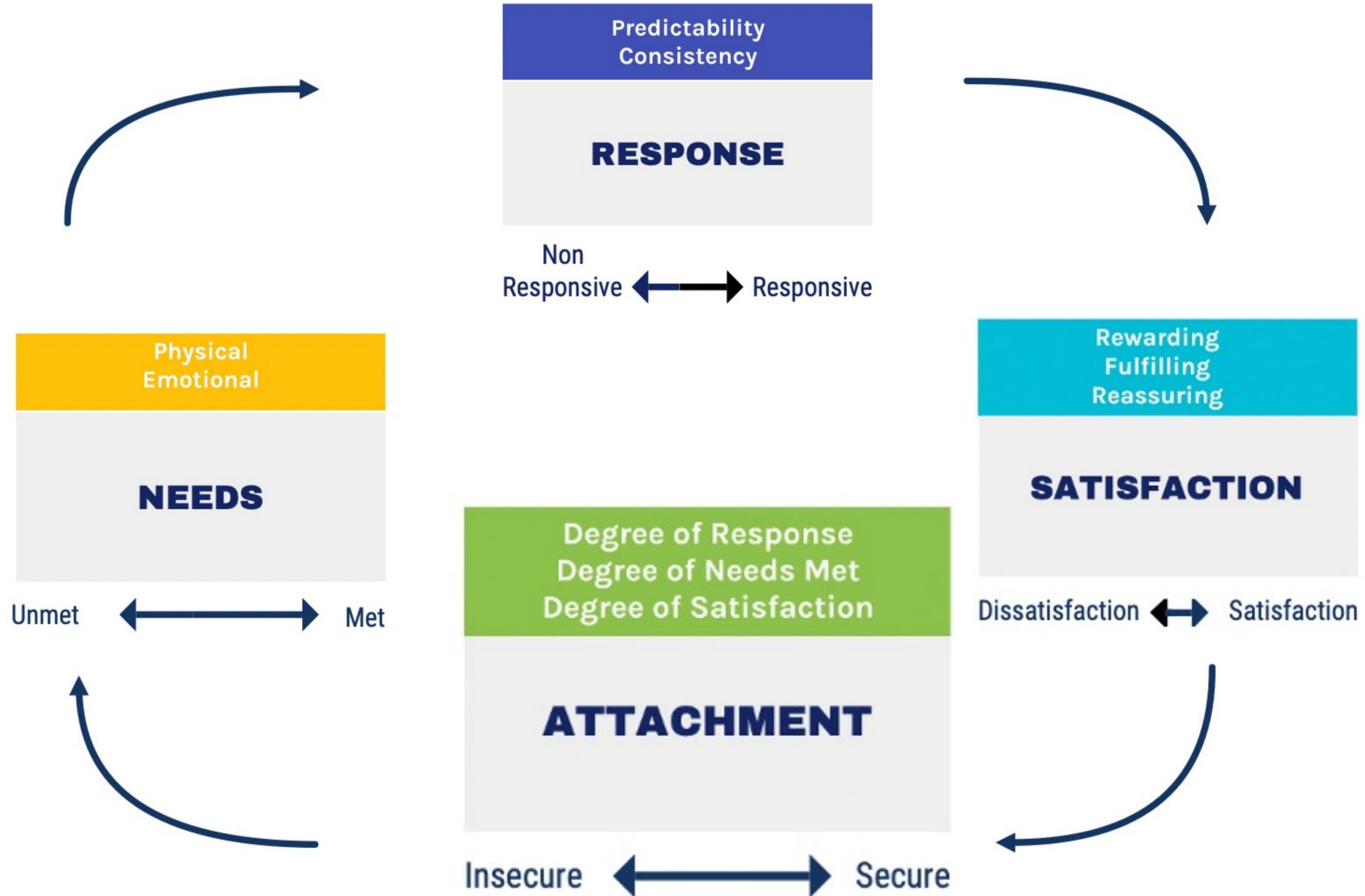


Levels/Degrees of Attachment

- Educator: Accepts caregivers' knowledge necessary for survival
- Problem-Solver: Accepts caregiver's help with problems, shares problems with caregivers and accepts advice.
- Friend: Accepts caregiver as a confidant; shares private and confidential feelings, thoughts and experiences.
- Parental: Accepts and pursues the caregiver's comfort and support with painful or embarrassing situations.



ATTACHMENT PROCESS



Sources of Satisfaction for Caregivers



Sources of Satisfaction for Caregivers

- Caregivers will need to be prepared for children not showing gratitude or appreciation for their caregiver's efforts.



Sources of Satisfaction for Caregivers

If a child has a history of insecure attachments, caregivers will need to avoid making the child feel:

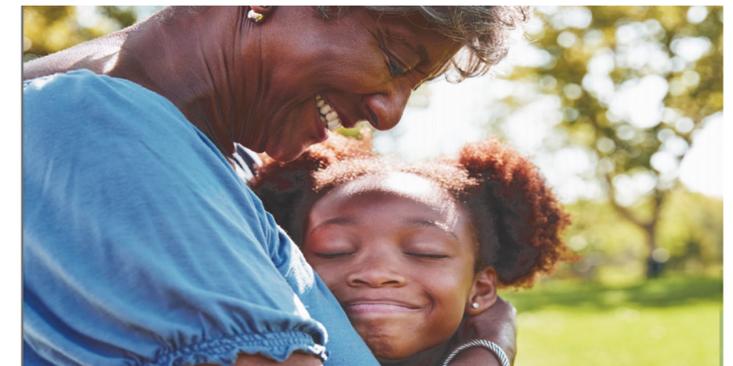
- Guilty if not showing or expressing gratitude: Different from manners.
- Being cared for is conditional and dependent on how appreciative, successful and happy they make you feel.
- Caring for them is a favor you're doing for them, rather than a commitment the children deserve.



Sources of Satisfaction for Caregivers

The caregiver's need for appreciation and feeling successful will need to come from:

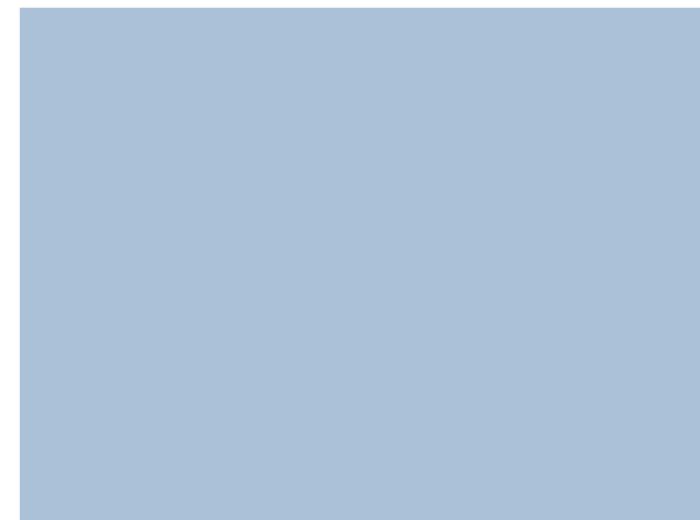
- Support systems/Adult Relationships
- Self-reassurance/Confidence
- Understanding of the effects of insecure attachments





Approaches to Enhancing
and Strengthening Attachments

Approaches to Enhancing and Strengthening Attachments



Approach	Scripts
Earned vs Ascribed Trust	<i>“You don’t know me as your parent or have any reason to trust me so these are the things I will do to earn your trust.”</i>

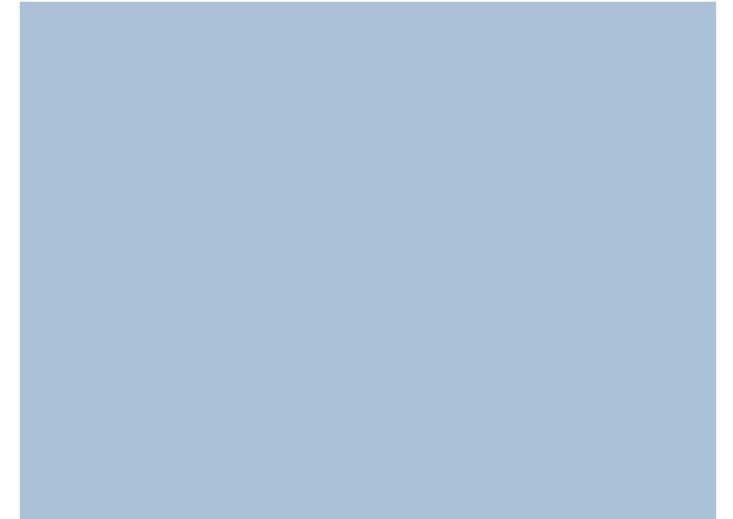


Approaches to Enhancing and Strengthening Attachments

Approach	Scripts
Responsibility	<i>“The things I will provide are the things you deserve and that adults should provide as a parent or caregiver.”</i>



Approaches to Enhancing and Strengthening Attachments



Approach	Scripts
Affection/Bonding Routines	<p><i>“What things can we do that are fun for you?”</i></p> <p><i>“What should we do at night to get ready for bed or for school tomorrow?”</i></p> <p><i>“What can we do that helps when you are nervous about something?”</i></p>



Approaches to Enhancing and Strengthening Attachments

- Non-Verbal Approaches
- Touch
- Temperament
- Facial Expressions
- Tone



Summary



Summary

The strengths of attachments in kinship families are:

- The child's expectation that the caregiver wants to care for and meet their needs, because they are kin and relatives.
- The child's trust that the caregiver will feel motivated and obligated to care for them as family.
- Caregivers will need to be prepared for children not showing gratitude or appreciation for their caregiver's efforts.



Summary

The caregiver's need for appreciation and feeling successful will need to come from:

- Support systems/Adult Relationships
- Self-reassurance/Confidence
- Understanding of the effects of Insecure Attachments



Summary

If a child has a history of insecure attachments, caregivers will need to avoid making the child feel:

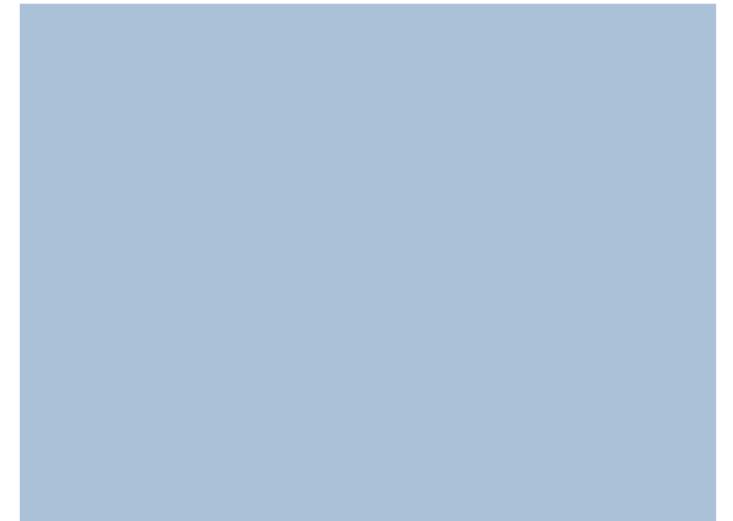
- Guilty if not showing or expressing gratitude: Different from manners.
- Being cared for is conditional and dependent on how appreciative, successful and happy they make their caregiver feel.
- Caring for them is a favor rather than a commitment they deserve



Summary

Be prepared to use a combination of approaches to remedy your attachment with the child that includes:

- Earning trust and “setting up the tests “
- Dependability
- Responsibility
- Affection
- Non-verbal connections
- Assess your youth’s capacity level and type of attachment





Question & Answer

Module 2: LEGACIES

Inherent Strengths of Kinship Care



LEARNING OBJECTIVES

Learning Objectives

- Describe why legacies are a strength in Kinship Families.
- Explain how to use legacies to strengthen family connections.
- Develop methods for creating new legacies and disrupting cycles



Definition: **Legacy**

- Traditions passed down or inherited from one generation to the next.



How and Why Legacies Make Caregivers Effective



How and Why Legacies Make Caregivers Effective

- Shared history with the kinship family that the child has in common with the caregiver.
- Access to sources of information about the child, their parents and family from the past and present.



How and Why Legacies Make Caregivers Effective

- Contact with the caregiver who may be the living legacy or the visual representation of the family's legacies: Veteran, Share-cropper, Author, Activist.
- Motivation or interest to live with, pursue or maintain a connection with the kinship family and caregiver.





What Are and How to Use
the Positive Aspects
of Legacies in Kinship Families

What Are and How to Use the Positive Aspects of Legacies in Kinship Families

- Provide History of Origin: Need to know where I come from
- Family Tree: Biological and Geographical Migration
- Goals/Motivation
- Social and Family Challenges
- Strategies/Opportunities/Outcomes
- Caregivers, Birth Parents, Child's and Sibling's History of Origin
 - “ Do you know where you were born and where you lived after you were born?”
 - “ Do you know how your parents met?”



What Are and How to Use the Positive Aspects of Legacies in Kinship Families

Provide History of Identity: Need to know who I am, who I'm like, what can I be:

- Occupations
- Business Owners
- Talents
- Skills
- Activists
- Community/Family Roles: Mediator, Healer, Agitator
- Educational Achievements
- Caregivers', Birth Parents', Child's History



What Are and How to Use the Positive Aspects of Legacies in Kinship Families

“Do you know who owned businesses in our family?”

“Do you know what talents your mom had when she was your age?”

“Do you know from whom your talents come?”



What Are and How to Use the Positive Aspects of Legacies in Kinship Families

Provide History of Culture: Need for Directions/ Lifestyles/ Values

Family History of:

- Religious Affiliations
- Educational Affiliations, Political Affiliations
- Fraternal/Community/Athletic Memberships
- Recipes/Food
- Rituals/Celebrations/Stories
- Values: Family, Educational, Religious, Community
- Art/Music



What Are and How to Use the Positive Aspects of Legacies in Kinship Families

Rites of Passage: Need to Belong/How to Join/Be Accepted/Show Loyalty

- Ceremonies around the birth of children
- Ceremonies or tradition when reaching certain ages or stages of development
- Rituals recognizing certain accomplishments
- Required accomplishments in order to be granted membership into the family, community or organizations



How to Create
New Legacies
and Disrupt Cycles



How to Create New Legacies and Disrupt Cycles

Identify What Cycles and Patterns in the Family Should be Maintained or Changed:

- Drug use
- Conflict Resolution/Domestic Violence
- Use of Weapons
- Criminal Involvement/Lifestyles/Incarceration
- Adolescent Pregnancies/Birth Control
- Literacy: Reading, Math, Computer Sciences
- Academic Achievement
- Professional/Occupational Development
- Assets/Wealth Development
- Select and Use the Legacies that Support the Changes in Individual and Family Cycles and Patterns

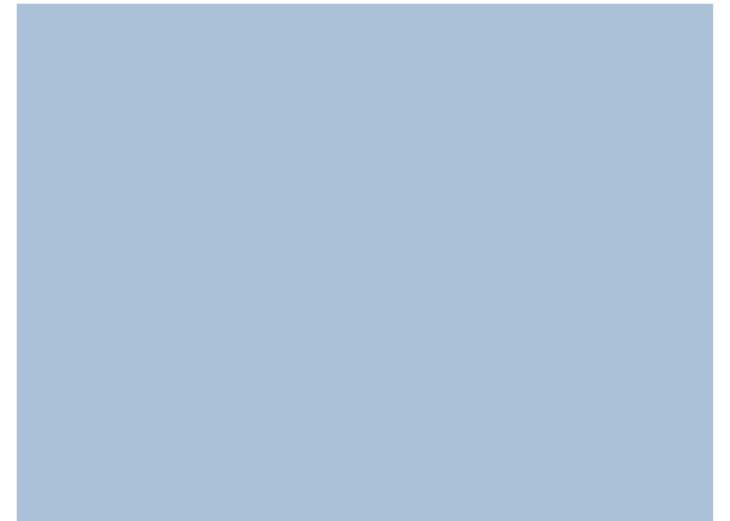




Approaches Utilizing Legacies
that Support Changes
in Family Cycles
and Patterns

Approaches Utilizing Legacies that Support Changes in Family Cycles and Patterns

Approach	Scripts
Origins: Goals/Outcome and Challenges	<p><i>“This house is going to be drug free.”</i></p> <p><i>“I know this might be a surprise for everyone and even seem unfair.”</i></p> <p><i>“I know addiction is a hard disease to overcome but we will help find services and stick together as a family as we have in the past.”</i></p>

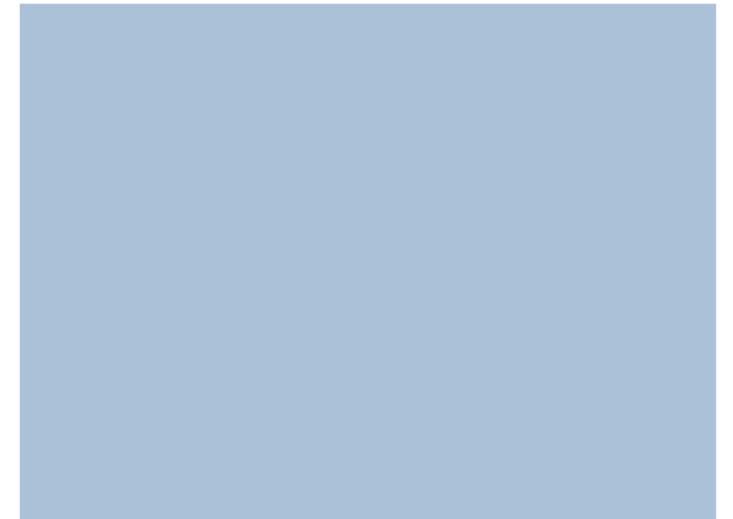


Approaches Utilizing Legacies that Support Changes in Family Cycles and Patterns

Approach	Scripts
Refer to Family Identity	<i>“We come from a family of artists, businessmen, women and self-educated individuals. And we will continue that tradition regardless of the challenges.”</i>



Approaches Utilizing Legacies that Support Changes in Family Cycles and Patterns



Approach	Scripts
Refer to Culture	<i>“In the past, determination and faith have always been a strength of this family. Those values will get us through and keep us together now.”</i>



Approaches Utilizing Legacies that Support Changes in Family Cycles and Patterns

Approach	Scripts
Create new Rites of Passage, Rules, Roles and Family Expectations	<i>“I’m not going to expose my granddaughter to people who use drugs. She has seen enough of that. The new rule is that no one can use drugs in the house and that includes me, my family, and friends. To be part of my family or visit me, you can’t use drugs around me or my granddaughter in the future.”</i>



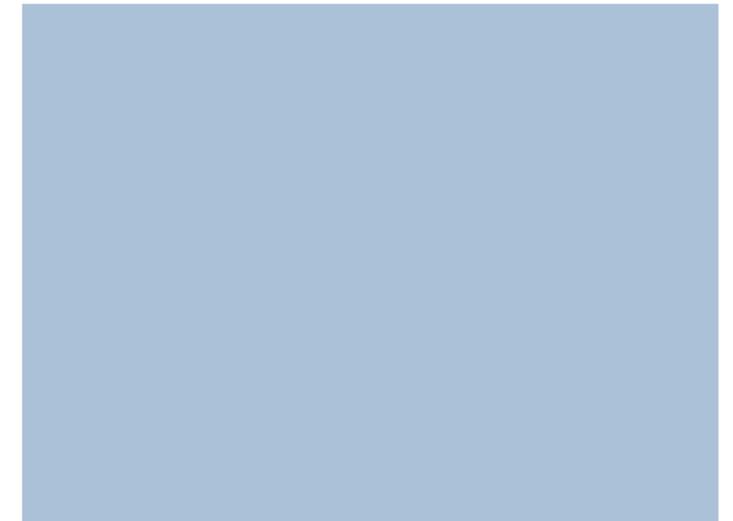
Summary



Summary

The Reasons Why Legacies Make Caregivers So Effective with Children and Youth in Kinship Families Are:

- The Shared History the caregivers and the child have in common with each other.
- The child's access through their caregiver to information about themselves, their parents and family from the past and in the present.
- Contact with the caregiver, who may be the living legacy or the visual representation of the family's legacies: Veteran, Share-cropper, Author, Activist
- Motivation or interest to live with, pursue or maintain a connection with the kinship family and caregiver



Summary

The Reasons Why Legacies Are A Strength and So Effective Is Because They Provide:

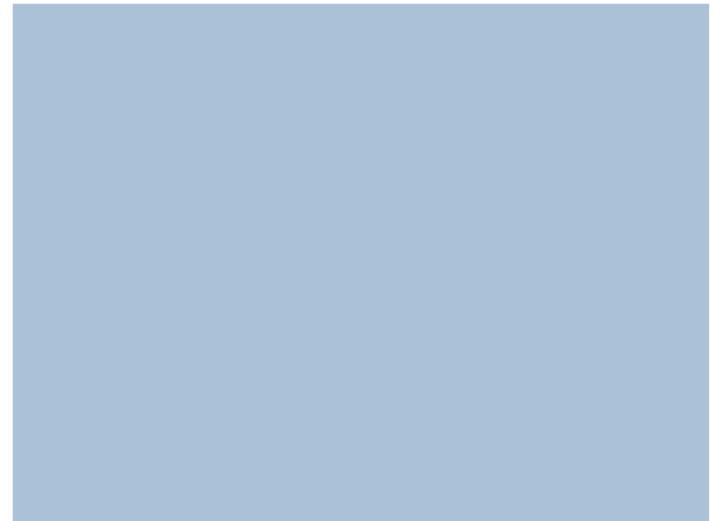
- History of Origin: Need to know where I come from
- History of Identity: Need to know who I am, who I'm like, what can I be?
- History of Culture: Need for Directions/ Lifestyles/ Values
- Rites of Passage: Need to Belong/how to join/be accepted/show loyalty



Summary

Legacies Can Be Used to Interrupt Cycles and Create New Patterns by:

- Using Origins as a guide to new destinations (goals/outcomes) and strategies for overcoming current challenges to reaching these destinations.
- Using Identity to highlight the talents and resources that can be utilized to reach constructive individual and family goals
- Using Culture to provide the values and beliefs that shape and re-frame lifestyles, attitudes and patterns of behavior.
- Using Rites of Passage to provide standards of behavior roles accomplishments and responsibilities that are required in order to be accepted and deserve the family's and community's loyalty.

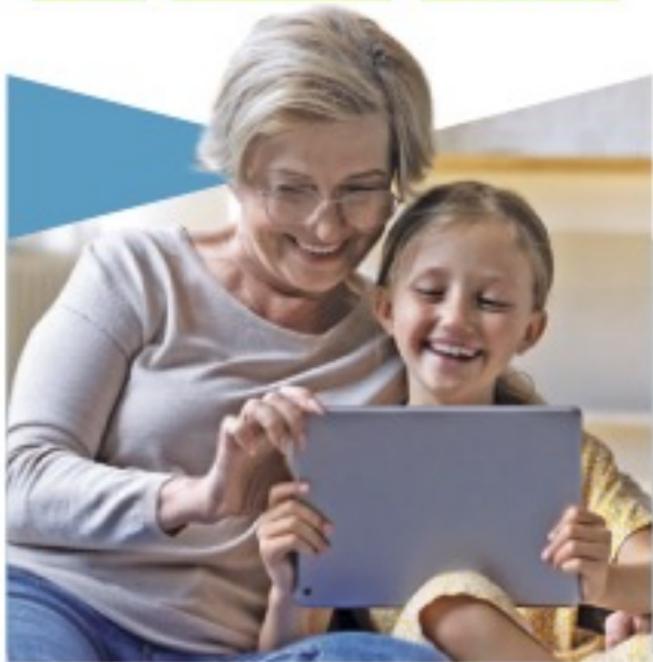




Question & Answer



**YOU STEPPED UP
FOR A LOVED ONE.
WE'RE HERE
TO HELP YOU!**



ALWAYS THERE TO HELP. DETACH AND KEEP THIS CARD WITH YOU



1-866-546-2111

CALL OUR SUPPORT LINE TODAY

*ASSISTANCE IS AVAILABLE IN ENGLISH AND SPANISH

Thank You!